

Joyoung



COOKBOOK

SJ-Z585-MS01 and SJ-Z585-TH01

Kind Reminder:

This is the recommended recipe and is only used for reference. Since actual ingredients have different varieties and flavors, the final result may differ.



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Pure Apple Juice

Time

2 minutes

Servings

1 people

Ingredients

Apple 400g

Steps

1. Wash the apples and cut into pieces.
2. Assemble the machine. Place apples into the hopper and close the lid.
3. Lightly touch "Firm Fruits", then touch "Start/Cancel".
4. Once finished, touch "Start/Cancel" to stop. Pour into a cup and enjoy.



Kale & Pear Juice

Time

2 minutes

Servings

1 - 2 people

Ingredients

Pear	300g
Kale	100g
Lettuce	100g

Steps

1. Wash the pear, kale, and lettuce. Peel and core the pear, then cut into pieces.
2. Assemble the machine and rotate the knob to "ON".
3. Feed the mixed ingredients through the feeding chute.
4. After juicing, rotate the knob to "OFF". Wait for the machine to stop, then pour into a cup and enjoy.



Watermelon & Pineapple Juice

Time

2 minutes

Servings

1 people

Ingredients

Watermelon(seedless)	300g
Pineapple	300g
Lemon	1 slice
Fresh Mint Leaves	Some

Steps

1. Peel and cut the watermelon and pineapple into pieces. Wash and slice the lemon. Wash the mint leaves.
2. Assemble the machine and rotate the knob to "ON".
3. Feed the watermelon, pineapple, and lemon through the feeding chute.
4. After juicing, rotate the knob to "OFF". Wait for the machine to stop, pour into a cup, and garnish with mint leaves to enjoy.



Spicy Tropical

Time

2 minutes

Servings

1 people

Ingredients

Ginger		10g
Apple		200g
Pineapple		200g

Steps

1. Wash and cut the ginger. Peel and core the apple; peel the pineapple. Cut all into pieces.
2. Assemble the machine and rotate the knob to "ON".
3. Feed the mixed ingredients through the feeding chute.
4. After juicing, rotate the knob to "OFF". Wait for the machine to stop, then pour into a cup and enjoy.



Carrot & Orange Juice

Time

2 minutes

Servings

1 people

Ingredients

Orange		300g
Carrot		200g

Steps

1. Peel the orange and wash the carrot. Cut both into pieces.
2. Assemble the machine and rotate the knob to "ON".
3. Feed the mixed ingredients through the feeding chute.
4. After juicing, rotate the knob to "OFF". Wait for the machine to stop, then pour into a cup and enjoy.



Celery, Cucumber & Pear Juice

Time

2 minutes

Servings

1 people

Ingredients

Celery		150g
Cumcumber		150g
Pear		150g

Steps

1. Wash the celery and cucumber and cut into sections. Wash, peel, and core the pear, then cut into pieces.
2. Assemble the machine and rotate the knob to "ON".
3. Feed the mixed ingredients through the feeding chute.
4. After juicing, rotate the knob to "OFF". Wait for the machine to stop, then pour into a cup and enjoy.



Mango Sorbet

Time

2 minutes

Servings

1 - 2 people

Ingredients

Frozen Mango	500g
Small Ice Cubes	8 (86g, 2*2cm)

Steps

1. Peel and pit the mango, cut into pieces, and freeze for 4 hours. Thaw for 10 minutes before use.
2. Assemble the machine and rotate the knob to "ON".
3. Feed the frozen mango through the feeding chute and collect the sorbet from the residue outlet.
4. After finishing, rotate the knob to "OFF". Wait for the machine to stop, then serve the sorbet and enjoy.



Oat & Fruit Pulp Cookies

Time

50 minutes

Servings

1 people

Ingredients

Fruit Pulp		100g
Instant Oats		80g
Egg		1

Steps

1. Place all ingredients in a bowl and mix well until combined.
2. Spread the mixture flat onto baking paper using a spoon.
3. Preheat the oven to 200°C for 5 minutes. Bake the oat pulp cookies for 40 minutes.
4. Once finished, cut into small pieces and enjoy.

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