

Joyoung

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COOKBOOK

SJ-18Z9-MS01 and SJ-18Z9-TH01

Kind Reminder:

This is the recommended recipe and is only used for reference. Since actual ingredients have different varieties and flavors, the final result may differ.



Contents

- 03 Pure Apple Juice
- 04 Pear & Orange Juice
- 05 Pure Celery Juice
- 06 Ginger & Pineapple Juice
- 07 Liquid Salad
- 08 Mixed Berry Sorbet
- 09 Oat & Fruit Pulp Cookies



Pure Apple Juice

Time

2 minutes

Servings

1 people

Ingredients

Apple 400g

Steps

1. Wash the apples and cut into pieces.
2. Assemble the machine. Place apples into the hopper and close the lid.
3. Lightly touch "Firm Fruits", then touch "Start/Cancel".
4. Once finished, touch "Start/Cancel" to stop. Pour into a cup and enjoy.



Pear & Orange Juice

Time

2 minutes

Servings

1 people

Ingredients

Orange 200g
Pear 200g

Steps

1. Peel the orange and pear. Core the pear and cut both into pieces.
2. Assemble the machine. Place ingredients into the hopper and close the lid.
3. Lightly touch "Soft Fruits", then touch "Start/Cancel".
4. Once finished, touch "Start/Cancel" to stop. Pour into a cup and enjoy.



Pure Celery Juice

Time

2 minutes

Servings

1 people

Ingredients

Celery 400g

Steps

1. Wash the celery and cut into sections.
2. Assemble the machine. Place celery into the hopper and close the lid.
3. Lightly touch "Vegetable", then touch "Start/Cancel".
4. Once finished, touch "Start/Cancel" to stop. Pour into a cup and enjoy.



Ginger & Pineapple Juice

Time

2 minutes

Servings

1 people

Ingredients

Pineapple 200g
Ginger 200g

Steps

1. Peel the pineapple and ginger, then cut into pieces.
2. Assemble the machine. Place pineapple and ginger into the hopper and close the lid.
3. Lightly touch "AI Mode", then touch "Start/Cancel".
4. Once finished, touch "Start/Cancel" to stop. Pour into a cup and enjoy.



Liquid Salad

Time

2 minutes

Servings

2 - 3 people

Ingredients

Kale		100g
Orange		200g
Pear		120g
Lemon		20g

Steps

1. Wash and cut kale into sections. Peel orange and cut into pieces. Peel and core pear; wash and slice lemon. Cut all into pieces.
2. Assemble the machine. Place all ingredients into the hopper and close the lid.
3. Lightly touch "AI Mode", then touch "Start/Cancel".
4. Once finished, touch "Start/Cancel" to stop. Pour into a cup and enjoy.



Mixed Berry Sorbet

Time

3 minutes

Servings

1 - 2 people

Ingredients

Frozen Strawberry		120g
Frozen Raspberry		120g
Frozen Blackberry		120g
Frozen Banana		60g
Cold yogurt		60g
Honey		5g

Steps

1. Hull strawberries, peel banana and cut into approximately 2*2*2 cm cubes. Freeze all berries and banana for 6+ hours. Chill yogurt.
2. Thaw all ingredients for 10 mins before use. Assemble the machine.
3. Place all ingredients into the hopper and close the lid.
4. Lightly touch "Sorbet", then touch "Start/Cancel". Collect sorbet from the residue outlet.
5. Once finished, touch "Start/Cancel" to stop. Serve and enjoy.



Oat & Fruit Pulp Cookies

Time

50 minutes

Servings

1 people

Ingredients

Fruit Pulp		100g
Instant Oats		80g
Egg		1

Steps

1. Place all ingredients in a bowl and mix well until combined.
2. Spread the mixture flat onto baking paper using a spoon.
3. Preheat the oven to 200°C for 5 minutes. Bake the oat pulp cookies for 40 minutes.
4. Once finished, cut into small pieces and enjoy.

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