

Joyoung



COOKBOOK

HB-B3-MS01 and HB-B3-TH01

Kind Reminder:

This is the recommended recipe and is only used for reference. Since actual ingredients have different varieties and flavors, the final result may differ.



Contents

- 03 Mixed Berry Smoothie
- 04 Avocado & Banana Smoothie
- 05 Watermelon & Pineapple Juice
- 06 Pure Ice Crush
- 07 Creamy Pumpkin Soup

Mixed Berry Smoothie

Time

2 minutes

Servings

2 - 3 people

Ingredients

Frozen Raspberries		150g
Frozen Blackberries		100g
Frozen banana		120g
Honey		1tspb
Salt		1/8tspb
Milk		250mL
Water		125mL

Steps

1. Peel the banana and cut into approximately 2*2*2 cm cubes.
2. Add all ingredients into the jar and secure the lid.
3. Lightly touch "Smoothie", then lightly touch "Smooth" texture.
4. Lightly touch "Start/Cancel". Once finished, pour into a cup and enjoy.





Avocado & Banana Smoothie

Time

2 minutes

Servings

1 - 2 people

Ingredients

Ripe Avocado	1 pcs
Ripe Banana	1 pcs
Fresh Milk	200mL
Honey	15mL
Small Ice Cubes	8 (86g, 2*2cm)

Steps

1. Peel and pit the avocado; peel the banana. Cut both into approximately 2*2*2 cm cubes.
2. Add all ingredients into the jar and secure the lid.
3. Lightly touch "Smoothie", then lightly touch "Smooth" texture.
4. Lightly touch "Start/Cancel". Once finished, pour into a cup and enjoy.



Watermelon & Pineapple Juice

Time

3 minutes

Servings

2 - 3 people

Ingredients

Watermelon (seedless)	480g
Pineapple	240g
Lime juice	10mL
Small Ice Cubes	12 (86g, 2*2cm)
Water	200mL

Steps

1. Peel the pineapple and watermelon; remove watermelon seeds if any. Cut fruits into approximately 2*2*2 cm cubes.
2. Place all ingredients into the jar and secure the lid.
3. Lightly touch "Juice", then lightly touch "Smooth" texture.
4. Lightly touch "Start/Cancel". Once finished, pour into a cup and enjoy.



Pure Ice Crush

Time

1 minutes

Servings

1 people

Ingredients

Standard Large Ice Cubes 12 (maximum side length of 3 cm)
 Small Ice Cubes 24 (2*2*2 cm)
 Frozen for over 48 hours

Steps

1. Place ice cubes in the jar and secure the lid.
2. Lightly touch "Ice Crush" and then touch "Start/Cancel".
3. Once finished, pour into a bowl and enjoy.

Tips

Tips :

1. Before adding ice cubes, ensure the interior of the jar is completely dry. Residual moisture on the walls can affect the crushing performance. For better results, you can pre-freeze the empty jar for 5-10 minutes.
2. Please use ice cubes with a maximum side length of 3 cm that have been frozen for at least 48 hours.
3. Do not exceed a total weight of 300g of ice cubes per cycle.
4. If the ice is not completely crushed after a single program cycle, use the scraper to scrape down the crushed ice on the cup wall first, then restart the program and run it once again.



Creamy Pumpkin Soup

Time

36 minutes

Servings

3 - 4 people

Ingredients

Pumpkin	650g
Small Onion	35g
Garlic	10g
Water	580mL
Chicken Bouillon	40g
Milk	35mL
Salt & Black Pepper	To taste

Steps

1. Peel and wash the pumpkin and onion; cut into approximately 2*2*2 cm cubes. Peel the garlic.
2. Place all ingredients into the jar and secure the lid.
3. Lightly touch "Soup", then lightly touch "Smooth" texture.
4. Lightly touch "Start/Cancel". Once finished, pour into a bowl and enjoy.

Joyoung

SINCE 1994